# Anger: supporting resources

* A summary of some of the research by Kenneth Dodge mentioned in the talk can be found here: <https://today.duke.edu/2015/07/aggressivekids>
* And you can watch Paul Ekman talking about emotions with particular relevance to anger here: [https://www.youtube.com/watch?v=t7i45mfL2qz4](https://www.youtube.com/watch?v=7i45mfL2qz4)
* Ted talk on anger <https://youtu.be/QG4Z185MBJE>
* Link to guided soothing rhtthm breathing:  https://soundcloud.com/dennis-tirch-phd/soothing-rhythm-breathing